



Lavender Sweet Tea

Ingredients

- 4 black tea bags
- 4 cups boiling water
- 4 cups cold water
- ½–¾ cup lavender syrup (store-bought or homemade)
- Ice + lemon or fresh lavender sprig (optional)

Instructions

1. Steep tea bags in boiling water for 5 minutes (keep it lighter here).
2. Remove tea bags.
3. Stir in lavender syrup while tea is still warm.
4. Add cold water and chill.
5. Serve over ice with a lemon wheel or lavender sprig.